

PARTNER IMPACT STORY

MONADNOCK CENTER FOR VIOLENCE PREVENTION

A member of the Cheshire County Emergency Housing Collaborative

When Nancy* called the Monadnock Center for Violence Prevention, she was in the middle of a crisis. Her safety was threatened as she had been beaten by her husband and was worried that she might have broken ribs. MCVP's Advocate tried to help her remain as calm as possible in this terrifying situation. Finally, during a moment of quiet, Nancy raced to her car.



The MCVP Advocate stayed on the phone with her for the entire 30-minute drive. Once safely inside the MCVP facility, the Advocate sat with Nancy, guided her through some deep breathing exercises, and listened to her story. She could not return to her home, and she had no friends or family in the area with whom she could stay. Her advocate completed an assessment to determine if Nancy was the right fit for one of MCVP's few shelter beds. She was!

Her advocate helped Nancy get settled into MCVP's "For Now House" where she could stay for 3-6 months while she built up the physical, mental, emotional, and financial strength to step back into independent living. When Nancy arrived at the shelter, she was greeted by several other guests, most of whom had experienced abuse very similar to her own. She also continued to receive regular support from MCVP's Shelter Advocate, including developing an empowerment plan that included steps to heal the invisible wounds of trauma and prepare for independence. MCVP's Housing First Advocate helped Nancy identify housing options that would suit her new life free from violence.

Thanks to the services of MCVP Nancy was able to access life-saving services and begin anew.

*name changed for confidentiality



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