Dear Friends of MUW,

Here at Monadnock United Way, we’re focused on making our community a better place. Not only is it part of the mission of MUW, but it’s also part of the DNA of our community.

That’s why MUW celebrates the contributions of volunteers, community-wide, today and every day. Whether you’re spending an hour a week reading to young children to boost their skills, contributing to the latest food drive, or taking part in volunteer activities through your place of employment—you are making our community a better place to live.

It’s that kind of commitment and involvement that is helping to improve children, education, and financial stability in our community.

Research tells us that volunteerism isn’t just good for the community, it’s good for us, too.

Volunteering provides opportunities to connect in new ways, whether as a family or an individual.

Volunteering helps children learn about responsibility to others and about having a stake in the community. Working as a family team reinforces the importance of doing your part to achieve a greater goal. Volunteering stimulates empathy and introduces the volunteer to new experiences and opportunities.

It is a fact that people who volunteer experience a boost in their mental health. We feel good—mentally and physically—when we do good!

And it’s good for business, too. According to America’s Charities, 88% of employers believe effective employee engagement programs help attract and retain employees. And 71% of employees say its imperative or very important to work

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LEARN MORE ABOUT VOLUNTEERING WITH MUW HERE!

Support MUW with a donation now! Text MUW to 41444, mail to 23 Center Street, Keene, NH 03431, or click below.

Donate now!

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ICYMI

You are now able to look up past issues of this newsletter!

Click here to see prior issues.

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PLEASE NOTE:

With the importance of social distancing, we are limiting the number of hours that our staff come into the office to process gifts received via US Mail. We are asking donors to use our safe, secure donation portal whenever possible. However,
where culture is supportive of giving and volunteering.

Want to get involved with Monadnock United Way and making the Monadnock Region a better place? **We have a number of volunteer opportunities and are currently recruiting for this year’s campaign season!** Contact Kate Cote at kate@muw.org today!

Sincerely,
Chris Coates, Andrew Connell, Louise Danforth
United We All Win General Campaign Co-Chairs

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**Thank you to our Sponsors!**

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