Better Together…Understanding Today’s Realities
Too many people in our region are silently suffering. We may not see or experience the extent of their pain and stress. **But it exists.** Hardship hides behind closed doors. It lives in neighborhoods we know well and those we never walk through. It dwells in every corner of our community, near and far.

Consider this. Prior to Covid-19:
- We had the third highest rate of child abuse and neglect in the state
- Our children scored lower than the rest of the state in English and math
- One quarter of our residents were low-income. The rest of NH the rate is 1 in 5

These statistics are likely to get worse in the months to come.

When our neighbors cannot work, earn enough money, afford to buy enough food or keep a roof over their heads, hardships grow and multiply. This creates toxic stress that affects entire families and communities. And a downward cycle continues.

But it doesn’t have to be that way.

Our region has proven time and again that we are Better Together.

**Better Together, we can:**
- Ensure people have good food and safe homes
- Prepare children and families for success
- Help students stay on track in school

With your support, we can eliminate fear and uncertainty. We can lift up our region. We can make it vibrant in the face of hardship.

Your neighbors need you more than ever!

There are many ways you can donate!
**Online:** muw.org  **Text:** BETTER2GETHER to 41444  **Payroll deduction:** See your HR dept.
**Mail:** MUW, 23 Center Street, Keene, NH 03431

Monadnock United Way fights for children, education, and financial stability in every community throughout our region.
Better Together... Stronger Together
Our region is known for collaboration and MUW is proud of these four partnerships representing 22 community programs. By combining resources and working closely together, these programs help to ensure a vibrant region for all.

Monadnock Region Afterschool Collective
Children receive quality after school programming in safe environments with the coordinated efforts of these seven after-school programs in 13 locations across our region: ACCESS Winchester Afterschool Program • Hinsdale Afterschool Program • Keene Family YMCA’s Out Program (plus Chesterfield site) • Project Keep (at Symonds, Fuller, and Franklin Schools in Keene) • Project Edventure Marlborough Afterschool • ACES 93 Afterschool Program (at Mt. Caesar and Cutler Schools in Swanzey, Troy Elementary, and Emerson Elementary in Fitzwilliam) • Hillsboro-Deering Before and Afterschool

Monadnock Food Pantries Collective
Seven local pantries are sharing funds, resources and buying power to provide healthy foods and fresh produce to people across the region: The Community Kitchen (Keene) • Gert’s Pantry (Swanzey) • Joan’s Pantry (Chesterfield) • The Federated Church Food Pantry (Marlborough) • Helping Hands of Troy • Jaffrey Food Pantry • Kidz Cupboard (Marlborough)

Monadnock Alliance for Families
Through this alliance, families can receive home visits, parenting classes, and supports along their entire parenting journey: Rise for baby and family • Monadnock Family Services • The River Center • The Grapevine • Home Healthcare, Hospice and Community Services

Cheshire County Emergency Housing Collaborative
Three programs have joined forces to move individuals into stable housing, providing emergency shelter, classes, and case management: Southwestern Community Services • Hundred Nights • Monadnock Center for Violence Prevention

Better Together... Preparing Children for Success
Investing in early childhood strengthens families; improves academic, social, and emotional outcomes; and has positive outcomes for education, health, employment, and civic life.

Early Childhood Centers
These child care centers are dedicated to providing affordable early childhood education programs that improve academic, social, and emotional outcomes: Keene Day Care Center, Inc. • Monadnock Community Early Learning Center (Peterborough) • Hillsboro Child Development Center, Southern NH Services – SNHS • Walpole Village School • Winchester Learning Center

SCS Dental Program
Preventative dental services are provided to young children and pregnant women through WIC-the Special Supplemental Nutrition Program for Women, Infants, and Children.

Early Learning NH
Raises awareness about the importance of the early years; champions early learning policy; and builds public-private partnerships that promote innovation and investment to strengthen early learning.

MUW’s Impact Monadnock
This initiative brings teams of community members together to address issues affecting young children and their families, like increasing family-friendly workplaces, supporting social-emotional growth, and ensuring that families have a voice in this community.

GIVE TODAY at MUW.org

There are many ways you can donate!
Online: muw.org  Text: BETTER2GETHER to 41444  Payroll deduction: See your HR dept.
Mail: MUW, 23 Center Street, Keene, NH 03431
Monadnock United Way fights for children, education, and financial stability in every community throughout our region.