



## An Update from MUW President Liz LaRose

Follow us on our social media!



### Dear MUW Supporters,

The Pyramid Model is an evidence-based framework to promote young children’s social and emotional learning. Implementing this program throughout the Monadnock Region is a key program of Impact Monadnock, MUW’s signature initiative. Throughout the past year, we’ve talked about the importance of championing children in our community. Today we’re going to talk about how the Pyramid Model supports our children, early childhood education professionals, and families.

### Developing Necessary Social and Emotional Skills Early in Life

Almost every day we see, read, or hear about children, adolescents, or adults who struggle to succeed and experience challenges due to their lack of adequate social and emotional skills. These skills are essential to everyone’s well-being and it’s important for children to develop them early in life. Individuals who lack adequate social and emotional skills may suffer significant negative impacts on various aspects their lives, including:

- Difficulty forming and maintaining relationships, leading to feelings of isolation and loneliness
- Challenges in school and work settings due to poor communication and collaboration skills, limiting opportunities for growth and success
- Low mental and emotional well-being, self-esteem, and self-confidence due to increased stress and anxiety from difficulties in social situations

### The Pyramid Model

Implementing the Pyramid Model gives early educators the professional development tools they need to understand and respond to challenging behavior and use consistent, evidence-based practices to prevent and manage such behaviors.

### The Foundation

The Pyramid Model relies on a trained, effective workforce and systems and policies to ensure that those working with young children receive ongoing training and support to implement and sustain the Pyramid Model practices.

### Nurturing and Responsive Relationships High Quality Supportive Environments

These levels of the model support all children by providing nurturing and responsive relationships in safe, supportive



Looking to recognize a parent-to-be at your workplace or in your life? Give the gift that gets a child off to a smart start!

### StartSmart Birth Gifts include:

- 4 board books
- Social Emotional Tools for Life: Five Parenting Strategies to Support Emotional Development by Kay Albrecht and Michelle M. Forrester
- Fun tips for early childhood brain development from Vroom
- A flannel baby blanket

Your purchase also contributes to the enrollment

environments, which is critical to healthy social development.

### Targeted Social Emotional Supports

This level of support emphasizes teaching children how to identify and express their emotions, develop problem-solving skills, play cooperatively with other children, and develop skills for handling anger and disappointment.

### Intensive Intervention

At times, a child may require individualized and intensive supports that include planning with families to meet their needs and address their challenging behaviors.

### Conclusion

The Pyramid Model project is backed by the special education departments of both the U.S. and New Hampshire Departments of Education. Our next newsletter will look at how it's being successfully implemented in our region, the benefits to our community, and the challenge of sustainability as educators and organizations experience change. As a sneak peak, check out the [Monadnock Pyramid's Model 2022-23 Annual Report](#)



Sincerely,

Liz LaRose, President

***Thank you to our Sponsors!***

**2023 KICK OFF LEAD SPONSOR**

 **Fenton Family**  
**DEALERSHIPS**



of a local, at-risk child in [Dolly Parton's Imagination Library](#). This means more books for local kids!

To purchase a StartSmart Birth Gift, click [here](#).

*StartSmart is an initiative of [Impact Monadnock](#) and the [Impact Monadnock Business Ambassadors](#).*



Click [here](#) to see past issues of our newsletter!

# Guyer & Son ROOFING

*Your Local Roofer For Over 50 Years*

## COMMUNITY CHAMPIONS



*MUW is proud of our outstanding charity ratings!*

Charity   
Navigator



✦ FOUR-STAR ✦

Platinum  
Transparency  
2024

**Candid.**

Monadnock United Way | 23 Center St, Keene, NH 03431

[Unsubscribe rd@muw.org](mailto:rd@muw.org)

[Update Profile](#) | [Constant Contact Data  
Notice](#)

Sent by [byrd@muw.org](mailto:byrd@muw.org) powered by



Try email marketing for free today!